

## THE WONDERFUL WORLD OF YOU - EXCERPT

Kriya Preparation for Out-of-Town Devotees  
by The Reverend Mother, Yogacharya M. Hamilton  
in Seattle, WA on June 14, 1976

Now, after his passing, I had to go to India, and I was under the jurisdiction of Swami Ramdas, who was totally realized universally, but totally impersonal. And he put me through this mystical crucifixion. I learned things through the experiences I went through and suffered through so terribly that enables me to stand and tell you the mystery or the truth that is contained in the parables of the Bible, because I actually lived it. I went through the baptism of water; I went through the baptism of fire. Moses and the burning bush is symbolic because Moses represents the law. He was the one that is said to have gotten the Ten Commandments from God. And the burning bush again is your own body because when you start to go into this experience, this serpent force which is coiled at the base of your spine starts to go up the spine and as it reaches each spinal center then you are in the midst of this battle. You are in a different plane of consciousness. It goes up and up and up, and each center has a special meeting, a special world. And when you come to the heart center that is the center where the crucifixion of the gross, or the human ego, takes place. Your heart is the sepulcher. This is the place where many of you may have read about the Gordian knot. That is where the life force is tied together. So you go through two of the experiences where the consciousness is released first from the physical body, then from the astral, or the electrical body, and then it says the morning of the third day he arose from the dead, and that is when the tomb or the sepulcher opens, the heart center opens, and you can feel the release of this Gordian knot. In my case, it was a terrifically painful thing.

I was told that the teachings that I would give would be on a universal basis and that I was paying for it on a universal basis, not an individual. That's why mine was so difficult and so great. But individually, man doesn't have to pay that. But this hurt so badly that I felt the pain in my heart and the dregs of it for three years afterward. But then that is just the first crucifixion. Then comes the crucifixion of the ten subtle qualities of the mind. Very few people--ministers, priests, rabbis (well, the rabbis aren't so much interested in the New Testament)--they don't know the true meaning of Revelations. It does say in there that the beast came up out of the sea with a wound in its head, and the dragon again tried to seat the beast on the throne and have all worship it. Now, the beast represents the human ego; that is the animalistic state in man. When you go through this first crucifixion of the gross ego, then this ego is mortally wounded, but it is still not dead, because the memory of what you enjoyed in the senses is still in the mind. There is the second crucifixion that must be gone through. Then you have to go through the three upper centers which control and govern the higher parts of your being until you come to this center, the medulla, which is the center of Christ consciousness, and then the incoming electrical current meets this Master Seed, and the two of them smash [clapped hands] and the final crucifixion takes place. You go over the top into the oneness of God. You hang your ego on God's peg, and then, if it be His will, you come back into the world an enlightened soul. You become a light to humanity.